



2019 Gerontology Network Spring Workshop

THURSDAY, MAY 16, 2019

The Dietitians of Canada Gerontology Network is a national network representing 565+ Registered Dietitians working with the elderly in long term care and health care settings across Canada. The Gerontology Network acts as a resource through the provision of education opportunities and evidenced based nutrition information to support Registered Dietitians as they strive for excellence in the delivery of nutritional care of residents in long term care.

COSTS

Gerontology Network Members

Early Bird: \$125.00 (HST Included)

After May 5: \$145.00 (HST Included)

Non-Members

Early Bird: \$155.00 (HST Included)

After May 5: \$175.00 (HST Included)

Students/Interns

Cost: \$75.00 (HST Included)

To register:

<https://secure.effreg.com/register/gnsw19>



WORKSHOP LOCATION

Pearson Convention Centre

8:30 am—4:00 pm

2638 Steeles Avenue East
Brampton, ON, L6T 4L7
Telephone: 905-494-0444



INFORMATION ON OUR WORKSHOP



Flavour of the Month *by Jane Harvey, RN*

Everyone is a food expert or so they think. How often have you been asked to change your clinical position on a diet or clinical recommendation by a Family member or the Resident themselves. Does customer service and clinical judgement compete or feel like a struggle? Explore the “whys” behind “family food demand”. How to deal with choice, sound judgement and reasonable resource allocation and how to avoid getting caught in Fad Foods and the Flavour of the Month requests. Jane is a consultant in health care who will bring you a highly motivational presentation with relevant real-life examples in a humorous manner that will allow RD’s the opportunity to learn through laughter.

Best Practices for Nutrition, Food Service and Dining in LTC—An Update *by Dale Mayerson, RD*

Best practices in LTC continue to evolve and we need to keep up with changes in the sector as well as resident expectations and needs. This will provide an overview of the:

- Process used to update best practices
- International research to support the updates
- New topics included in the revised document
- Opportunities for further learning

Breakout discussion groups will provide an opportunity for sharing successes and practice concerns within these hot topics.



Review of the 2018 Ministry of Health and Long Term Care RQI Findings *by Alicia Marshall, RD*



A review will be presented on the 2018 results from the Resident Quality Inspections (RQIs) related to RD interventions, heights/weights, safety and sanitation during food preparation and service. Examples of non-compliance found during inspections will be discussed to identify potential risks in your home’s nutrition-related activities and processes. Ideas for improvements and changes to enhance the dining experience for residents will also be shared.

AGENDA FOR THE DAY

8:30 am	Registration & Continental Breakfast
9:00am	Welcome from the GN Network
9:15 am—11:30 am	Best Practices for Nutrition, Food Services and Dining in LTC <i>Dale Mayerson RD</i>
10:30 am—10:45am	Nutrition Break
11:30 am—12:15 pm	Review of the 2018 Ministry of Health and Long Term Care RQI Findings related to Nutrition <i>Alicia Marshall RD</i>
12:15 pm-1:00 pm	Lunch
1:00 pm—1:45 pm	Award Ceremony—Marie Taylor Award - Cherie Furlan-Craievich RD Updates from the Gerontology Network—Cherie Furlan-Craievich RD Updates from the Ontario Long Term Care Action Group - Sharon Armstrong RD
2:45 pm-3:00 pm	Nutrition Break
1:45 pm-3:45 pm	How to Deal with Challenging Diet Requests from Families & Residents & Learn How to Balance Requests & Reality as the RD in your Workplace <i>Jayne Harvey RN, FSC International</i>
3:45 pm—4:00pm	Closing Remarks and Door Prizes



IMPORTANT INFORMATION

1. Receipts will be emailed upon registration.
2. Registration is non-refundable after May 5th, 2019.
3. Consider making a monetary donation for the “*Ontario Association of Food Banks*” when you register online for the workshop.
4. Dress casual.
5. The workshop is approved for 4 CSNM CE points.

QUESTIONS?

Contact **Cherie Furlan-Craievich RD**
Chair Gerontology Network

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