



2017 Gerontology Network Fall Workshop

WEDNESDAY, NOVEMBER 8, 2017

The Dietitians of Canada Gerontology Network is a national network representing 500+ Registered Dietitians working with the elderly in long term care and health care settings across Canada. The Gerontology Network acts as a resource through the provision of education opportunities and evidenced based nutrition information to support Registered Dietitians as they strive for excellence in the delivery of nutritional care of residents in long term care.

COSTS

Gerontology Network Members

Early Bird: \$115.00 (HST Included)

After October 27th: \$140.00 (HST Included)

Non-Members

Early Bird: \$140.00 (HST Included)

After October 27th: \$165.00 (HST Included)

Students/Interns

Cost: \$70.00 (HST Included)

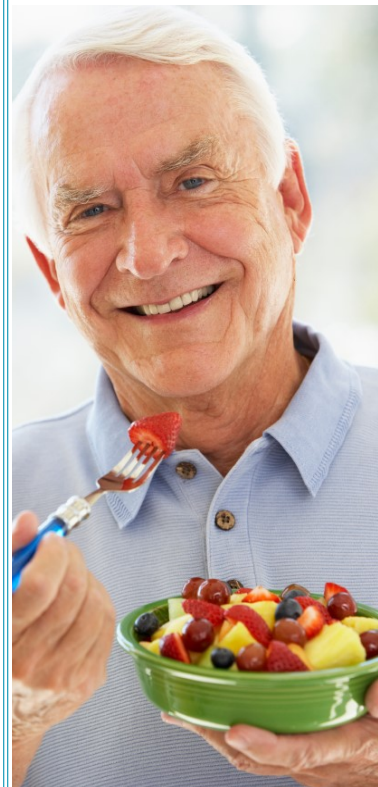
Vendor Showcase (includes one full workshop registration)

Cost: \$300.00 + HST + door prize

If you need a power outlet or food cooked, please contact Sarah Faulds at sarah@faulds.ca as there may be an additional charge.

REGISTER ONLINE AT:

<https://secure.affreg.com/register/geronfallw17>



WORKSHOP LOCATION

Elm Hurst Inn & Spa

8:30 am—4:00 pm

415 Harris Street,
Ingersoll, ON, N5C 3J8
Telephone: 519 485-5321



INFORMATION ON OUR WORKSHOP

Making the Most of Mealtimes: Gaps in Care and Better Practices for Improving Nutritional Intake in Residents Living in Long Term Care *by Heather Keller, RD, PhD*

The Making the Most of Mealtimes (M3) study is the most comprehensive data collection to date worldwide that provides new insights into how we can improve the nutritional care of older adults living in LTC residences. This research provides evidence to back up current best practices while suggesting areas for further development and testing of innovative strategies. This in-depth look at this evidence and the policy and best practice implications will be the focus of this presentation.

The End Stage Renal Disease and Long Term Care Mix: Implications for Nutrition Care *by Evelyn Spanner, MSc, RD*

Demand for long term care (LTC) by patients with end stage renal disease (ESRD) is likely to increase with growing numbers of seniors initiating chronic dialysis. Over the last 9 years, there has been a 54% increase in the number of seniors with kidney failure. These patients present some unique nutrition challenges for the RD working in the dialysis unit and for the RD in LTC. Many of the older adults with ESRD have a high burden of comorbidity and disability and are at risk for malnutrition, hyperkalemia, hyperphosphatemia and volume overload. This session will focus on the nutrition care of ESRD patients in order to manage their nutrition issues and tailor interventions in LTC to keep the patient eating well.

QUESTIONS?

Contact **Cherie Furlan-Craievich, RD**
Chair Gerontology Network
gerontology@dietitians-network.ca
Phone: 519-384-1992

AGENDA

8:30 am	Registration with Light Breakfast
9:00 am—9:15 am	Opening Remarks
9:15 am- 11:45 am	Making the Most of Mealtimes: Gaps in Care and Better Practices for Improving Nutritional Intake in Residents living in Long Term Care <i>Heather Keller, RD, PhD</i> Schlegel Research Chair in Nutrition & Aging, University of Waterloo
10:15am-10:45 am	Nutrition Break
11:45 am—1:00 pm	Lunch & Vendor Fair
1:00 pm- 1:45 pm	Gerontology Network Business Meeting & Review of the DC Network's website
1:45 pm - 3:45 pm	The End Stage Renal Disease and Long Term Care Mix: Implications for Nutrition Care <i>Evelyn Spanner, MSc, RD</i> Registered Dietitian with the Renal Care Program at the London Health Sciences Centre
3:45 pm-	Closing Statements & Door Prizes

IMPORTANT NOTES

1. Location Information is found on map on following page.
2. Dress down. Casual wear for your comfort
3. The workshop has been approved for 3 CSNM CE points
4. Please bring a canned good for the Local Food Bank on behalf of the Gerontology Network.

HOTEL ROOM BOOKINGS

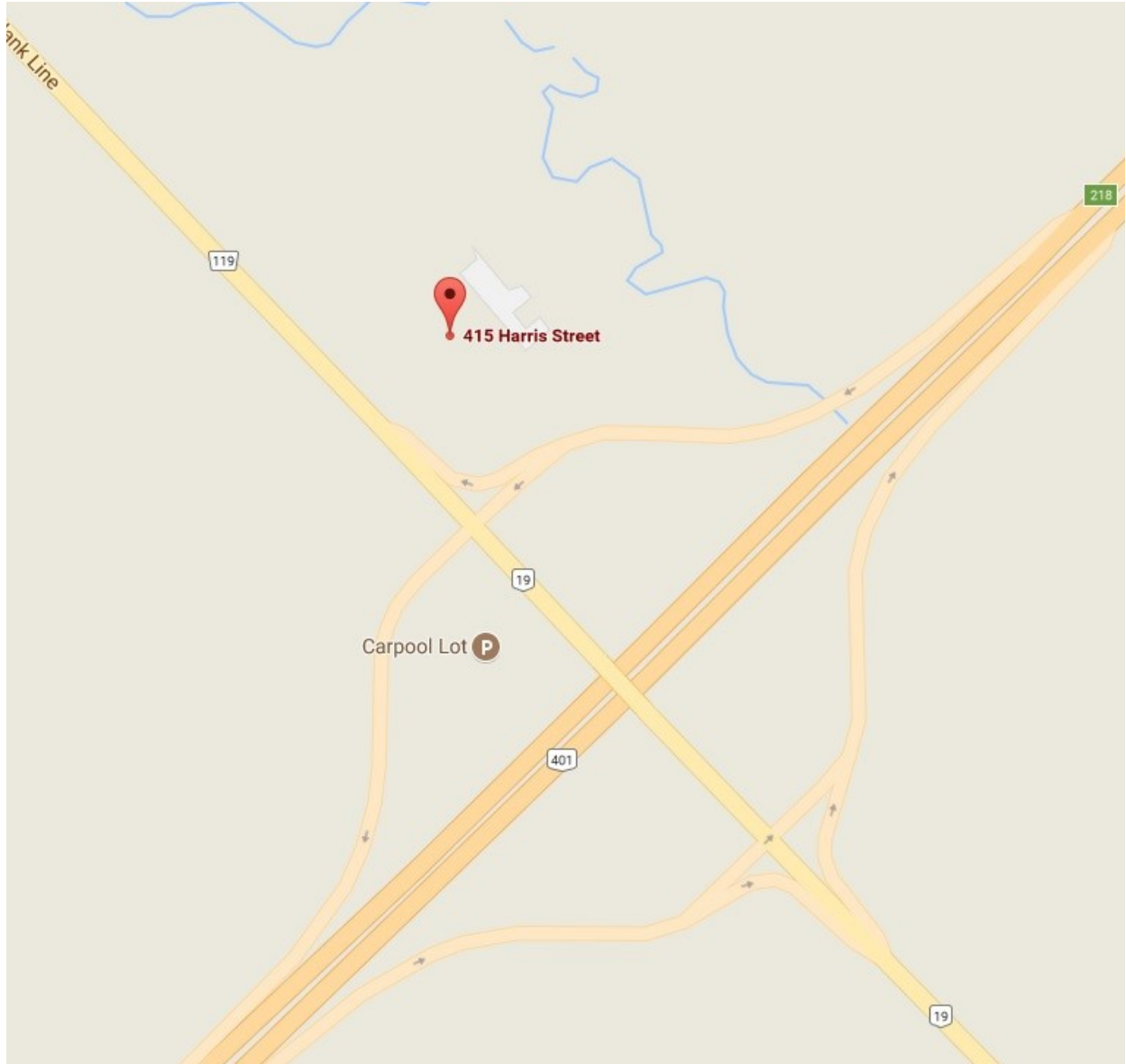
Rooms are blocked off at the

Elm Hurst Inn & Spa
415 Harris Street | Ingersoll

Until October 31st, 2017:

Cost: \$120.00 plus HST

To book a hotel room call **1-800-561-5321**
Rooms reserved under "Dietitians of Canada "



Directions & Contact Information for

Elm Hurst Inn & Spa

415 Harris Street

Ingersoll ON N5E 3J8

Phone: 519 485 5321